

Thank you

Thank for your interest in the Active Living Gear Kit "ALGK". We hope you find equipment in this kit that is useful for your everyday work and helps you provide inclusive programming for all your clients. Please feel free to refer this equipment to community partners and other service providers you feel would benefit from this opportunity.

Moving To Inclusion (MTI)

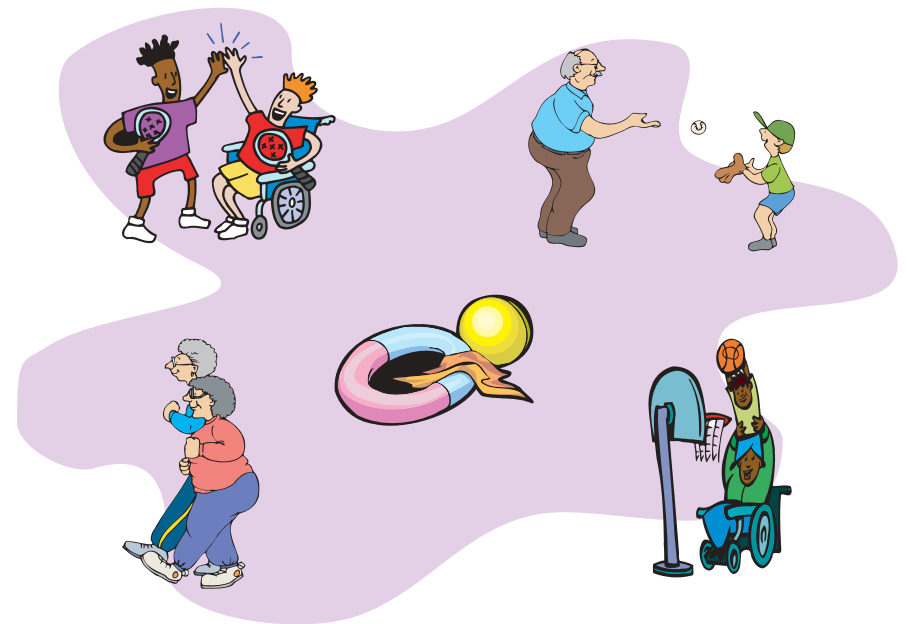
The concept for the Active Living Gear Kit "ALGK" originated from the successes of the Moving-To-Inclusion (MTI) initiative. The objective of MTI is to provide physical education teachers with tools for fostering an inclusive setting, along with practical information that have immediate applicability. The ALGK has adapted the MTI tools suitable for individuals of all ages.

Also available as a resource are the MTI Manuals. Binders in both English and French highlight resources for accommodating individuals with specific disabilities: amputation, cerebral palsy, deaf or hard of hearing, intellectual disability, multiple disabilities, visual impairment, wheelchair, and physically awkward.



Active Living Gear Kit "ALGK"

*Promoting Inclusive Programming for
individuals of all abilities, of all ages*



The Active Living Gear Kit "ALGK" consists of equipment that promotes active living for individuals of all ages and abilities. It is an excellent tool for intergenerational programming.

Vision

All individuals with disabilities will always be included in physical activity programming leading to healthy active lifestyles.

Purpose

1. To raise awareness of Active Living opportunities for Manitobans with disabilities.
2. To provide Manitobans with disabilities with access to innovative, inclusive activity gear.

Target

1. Staff of organizations providing recreation and/or active living opportunities to Manitobans with disabilities, *e.g. Recreation Leaders, Program Planners, Fitness Leaders, Therapists, Centre Facilitators, etc.*



2. Staff that work in the community who are willing, receptive and interested in including individuals with disabilities in their programs, but may wish to expand their resources.

Borrowing the Active Living Gear Kit "ALGK"

1. Please contact us at (204) 945-6565 / 1-800-665-6565 to borrow this equipment.
 2. Equipment is loaned at no charge* for 2 weeks (10 business days).
 3. Please call us to arrange to have the equipment returned or the loan time extended.
 4. Please complete the Inventory Checklist and return the Checklist with the equipment. This will help to ensure all the equipment is in the bag.
 5. Please complete and return the Evaluation Form. This will help us meet your needs.
- *You may borrow the "ALGK" for FREE!
*We only ask that you cover the expense to return the kit.

Inclusivity

Inclusive programming refers to the placement of individuals with a disability, into mainstream activities with peers, not as an occasional visitor, but as a member of the group.

In an inclusive program, staff are challenged to adapt an activity to meet the needs of the participants and ensure positive experiences for all.